

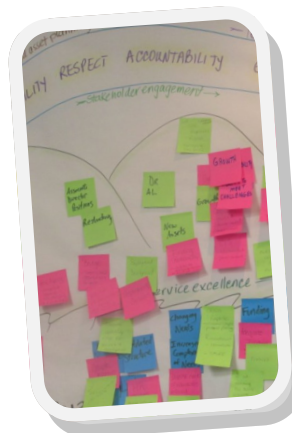


CSCL: “Non-Profit of the Year”

Did you know...

- CSCL's former Executive Director, Brenda Gillette, is now the new Executive Director of the BC CEO Network, a Provincial Network comprised of CEOs and EDs from the community social services sector.
- CSCL has a new recruitment video available online on CSCL's YouTube Channel
- CSCL's Dragon Boat team, the CSCL Seals, is back on the water. Organizer, Penny Goryk, is looking for paddlers!
- April is Autism Awareness Month

2020 Vision



CSCL's Board and Leadership teams (seen here in the photo above) met over a week-end in March to discuss the Society's 4 Year Plan to guide us through to the year 2020. This was CSCL's newest Executive Director, Julie Unger's, first plan at the helm and many healthy, passionate and challenging discussions took place. Results will be released soon in CSCL's Strategic Planning Report.

Go CSCLers!

A Season of Awards & Recognition



CSCL and others associated with the Society have been officially recognized recently in a variety of ways including being the recipient of the “Non-Profit of the Year” award.

CSCL was recently honoured for winning the 2015 Business Excellence “Not-for-Profit Service Award” presented by the Chilliwack Chamber of Commerce. The Society also sponsored and presented the “Inclusive Employer” award this year recognizing employers who hire people with disabilities. In addition to sponsoring the award, CSCL’s Supported Employment teams nominated many of the Employers affiliated with CSCL. The Downtown BIA was the winner of the first Inclusive Employer Award and CSCL’s Executive Director, Julie Unger, and CSCL’s Associate Director for Employment Services, Nancy Gauvin, were in attendance to present.

On March 8, CSCL hosted its annual Employee Service Awards in March honouring employees with 5, 10, 15, 20 and 25 year tenures with the Society (see photo below). The 2015 recipients of the STAR and EXCEL Awards were also recognized for their outstanding contributions to our movement. CSCL’s Executive Director, Julie Unger, hosted the event with special messages from Inclusion BC Executive Director, Faith Bodnar, BCCEO Network Executive Director, Brenda Gillette, and CSCL Board President, Brent Tolmie.

CSCL was also on hand in February to congratulate Garth McCreedy as recipient of Community Living BC’s Widening Our World (WOW) award. Garth was one of only five B.C. individuals to receive the award this year. Garth was nominated for the WOW award by his Home Depot colleague, Eddy Solla, a Gold Medal Paralympic athlete who receives support from CSCL. Garth and Eddy’s story was featured in our 2015 Fall edition.

CSCL will also be nominating 5 employees and one very special former employee to the 2016 BC Community Social Services Awards of Excellence. Kelli Paddon, Shelby Hagel, Nancy Gauvin, Toby Bright, Simon Wulfraat and Brenda Gillette will all be nominated.



Greatest Goals of 2015



CSCL recently released its' annual Goals Report for 2015.

The report summarizes each service in terms of goal outcomes and progress and identifies strengths and areas of improvement. Although there were many great goals to choose from, there were a number that really stood out for their creativity, person-centeredness and meaningfulness. One of the goals involved Brandon Gibb (pictured above) who is

supported through CSCL's Vedder (Employment) Program. "When I'm working, it makes me feel like I'm a part of them and they are a team and a family." ... is a quote from Chilliwack resident, Brandon Gibb, in a documentary series by Brandy Yanchyk about inclusive hiring for people with intellectual disabilities. CSCL staff helped Brandon and his family connect with Brandy's production team and a star was born! Basically, the staff team supporting Brandon were the "go between" for

gathering all the documentation, supplying photos that were requested, preparing Brandon and his family for what type of questions the filmmakers would be asking and preparing the employees at Brandon's work - Swiss Chalet. There was a lot of "behind the scenes" follow up with all parties involved. The film is available online by visiting the Employment Matters website. To access the website click this link: <http://employmentmatterstoo.com>

Wellness Corner

The Wellness Committee would like to invite fellow CSCL employees to take part in the (insert catchy club name here) CSCL Hiking Club. The club will meet on Wednesday mornings at 10:30am at Teapot Hill.

The first meeting will take place on April 13th. For any questions, please contact Karen Jongs at 604-316-9270



A Right to Protest!



A group of Chilliwack residents attending one of the rallies:
L to R: Shawn P, Martin G, Bojana O, Jasmine D, Lisa R and Anna Maria K

“Raise the Rates! Leave Our Bus Passes Alone!”

That was the message delivered to our provincial government on Wednesday, March 2 and Friday, April 1 at public rallies to support the petition and campaign that was rolled out by Inclusion BC. As a member of Inclusion BC, CSCL supports this campaign that was launched in response to the B.C. government’s announcement of an ill-considered attempt to improve B.C.’s Persons with Disability (PWD) income program which is currently \$906 per month. “They take with one hand and give with another and then pat themselves on the back,” commented Chilliwack People First President Shawn Palmer (seen above on the left), “It’s insulting because they are fooling themselves into thinking they have done a good thing.” InclusionBC Executive Director, Faith Bodnar, put it this way: “The budget announcement included a \$77 per month increase in benefits for everyone on PWD followed by a claw back of \$52 per month and \$11 per month depending on whether a person received a bus pass or a special transportation subsidy. Those who do not get either would receive the \$77 and are left to sort out their own transportation. Despite a strong negative response from all sectors, government has dismissed legitimate criticism and continues to assert that “people would be a bit better off” or “life would be a little less hard” or that “it is a little extra money.””. For more information check out Inclusion BC’s website at www.inclusionbc.org.

CSCL Featured Service: "A Day in a Life at CIS"



CSCL's Community Inclusion Services (CIS) promote partnerships with individuals, groups and organizations in community with a variety of activities each weekday.

Some of the activities include Sit and Be Fit at the Leisure Centre; Knit & Nat at the library; Drum Circle in Yarrow; Meals on Wheels; Chilliwack Times & Progress routes; Pipsqueak Farm in Yarrow; Recycling at local elementary schools; Dog Walking through Chilliwack Animal Control ; Transit Training; Adopt a Road Program; Bottle Run; Salvation Army to name just a few. These activities provide individuals with an opportunity to actively be

involved in decisions, choices, volunteer opportunities, life skills and recreational programs and are person-centered by design. Staff teams assist individuals to promote inclusion, friendship and work ethic and strive towards meeting their goals and dreams always through a Social Capital lens. For example, CIS has great working relationships with the Salvation Army Food Bank (pictured above) and helps out there every week.

CSCL History

A Special Contribution to Out & About by Brenda Gillette

"This year marks 20 years since the closure of Woodlands, ending years of institutionalization for persons with developmental disabilities in BC. While CSCL's only participation with the closure was supporting 4 men to live in Chilliwack in 1989, the impact is far broader. The responsibility for meeting people's needs began to rest solely in the community and as a service provider CSCL responded. The past 20 years have seen significant changes in both how and what services are provided. CSCL has become a provincially recognized leader in providing support to individuals with complex health care needs, challenging behaviour and dual diagnosis. The range of services has expanded to meet the specific needs of individuals and include some highly individualized supports. Over the past 10 years we have seen a decrease in available funding while simultaneously experiencing an increase in needs. Over and over we have witnessed the need to serve people as individuals in order for them to have successful lives in community. It is to be hoped that history does not repeat itself and that a return to congregate care does not become the solution to today's funding concerns."

Staff News!

Announcements:

- CSCL employees received a bump in salary this year. The current Collective Agreement provides for increases in wages for all unionized employees of .45% as of February 1, 2016 and a further 2.5% on April 1, 2016.
- Gayle Prowett, CSCL's Payroll Administrator, will once again volunteer her time with CRA's Community Volunteer Income Tax Program and has offered to prepare and EFILE tax returns for free for anyone receiving CSCL's supports. Contact Gayle at the CSCL Home Office if you or someone you know is interested.
- CSCL's Administration team is proud to welcome aboard Janelle Brouillette as their new Administration Assistant.
- To help promote NAOSH (Health & Safety) Week, CSCL's H&S committee is organizing a super-hero themed week. CSCL's newest super-heroes, Blooperman and Otto, will be the official hosts of many fun and fact-filled H&S challenges.

Website Refresh

CSCL's public website, www.cscl.org, received a new makeover that includes video streaming capability to keep up with current internet standards and expectations.

Many thanks to Claire Petherick of Creative Candy Media for helping the vision of CSCL's Communication committee come to life. "We really wanted to tell our story in a clear and friendly way," said Communication committee member, Jeff Gilbank, "Claire was instrumental in bridging the latest technology with our stories and



images that are CSCL's long history in the Chilliwack community." Claire is also the talent behind CSCL's new Employment Services website that is now online to exclusively communicate and message CSCL's growing employment -first strategy. Check out that website by clicking www.csclworks.org.

Social Capital

An excerpt from "Community and Social Capital" by Dr. Al Condeluci, PhD.

Think about the many communities with which you are involved. People who might be different from you in many ways surround you – your family, your work team, your church, your clubs or associations but the commonality of the community tends to override the differences you have and create a strong norm for connections. The exchange is based in social currency.



Further, these relationships become helpful to you for social reasons. Sociologists call this helpfulness "social reciprocity." Social capital is critical to a community because it: allows

citizens to resolve collective problems more easily - greases the wheels that allow communities to advance smoothly - widens our awareness of the many ways we are linked - lessens pugnaciousness, or the tendency to fight or be aggressive - increases tolerance - enhances psychological processes. The fact that social capital keeps us safe, sane and secure cannot be understated. Simply stated, your circles of support and the reciprocity they create are the most important element in your safety.

Art Attack!

New Horizons

Aileen Atkins is CSCL's new Manager of Children & Youth Services (CYS)



"Aileen has demonstrated that she is a great role model and advocate for the children and youth that we support and a great support to families." commented CYS Associate Director, Natalie Karam. "We are happy to have her on board!" Aileen has extensive experience working with high risk youth through the school system and started working at CSCL through the CYS Summer Programs. "CYS is where I am supposed to be. It feels right!" Aileen recently said, "I believe good services are reflected well when everyone feels included. Building community means we are all here for the same reason - community, connection, belonging - and that's what I hope to bring to my new job."

Most Wednesday afternoons now you will find CSCL's Mathieson Centre an even more cheerful, colourful and busy place to be!

The Art Club has seen so much laughter and amazing artistic talent within its group and this year is no different. Typically there will be over 30 artists working on their unique projects. The Art Club was started when one artist, who receives support through CSCL, was in the O'Connor Art Gallery and spoke of his artistic ability with the curator who happened



to also be the Chilliwack Visual Arts Association President. The relationship begun there and is spreading throughout the community. This session an artist, who is a retired teacher, is instructing the class. The invitation to join is always open to all. This year the artists works will be available for viewing at the O'Connor Art Gallery from June 15-18.

CSCL Board Update

CSCL's Board of Directors is a committed group of family and community members elected by CSCL's membership.

CSCL's Board collectively contributes more than 600 hours of work to the organization each year. Elected by CSCL's membership at the Annual General Meeting, Board Directors volunteer their time for monthly meetings, board committee work, and an annual strategic planning weekend. Currently the Board is in the midst of reviewing proposed budgets for the new fiscal year, and in the coming months will review the organization's succession plan and Performance Measurement



Reports. As affordable and accessible housing continues to be a challenge for the individuals we support, further work is being done to explore CSCL's options for use of its property. Board President - Brent Tolmie and Executive Director - Julie Unger are participating in a series of workshops for non-profits that is sponsored by Vancity which will assist in creating a plan for future development of CSCL's properties and holdings.

CSCL By The Numbers:

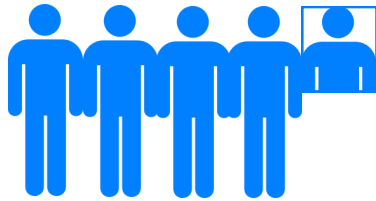
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As of April 1, 2016

of
Individuals

Supported:

420



40%



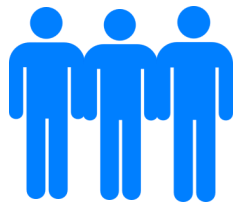
60%



0-18	19-29	30-49	50-64	65+
29%	34%	22%	12%	3%

of
Employees:

302



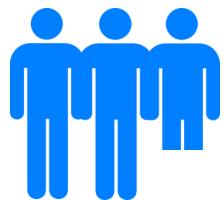
Serving Communities in:

- Chilliwack
- Sardis
- Hope
- Yarrow
- Agassiz
- Harrison
- Deroche
- Greendale
- Cultus Lake
- Sunshine Valley



of
Active
Caregivers:

262



CSCL Reports

Measuring Up!

A random survey of progress updates from CSCL's official Plans and Reports:

OH&S Members Needed!

Excerpt from CSCL's Health & Safety Report 2015:

Goal: As a result of a number of new CSCL facilities and a high number of accident investigations, the OH&S committee will need to expand its' membership to keep up with current workloads. A review of membership numbers will be required.

Crisis Prevention Institute (CPI)

Trainers Needed!

Excerpt from CSCL's Health & Safety Report 2015:

Goal: As a result of increasing employee numbers and an emphasis on training contracted caregivers in CPI/ PBS (Positive Behaviour Supports) techniques, CSCL will be certifying another CPI Instructor to join the 3 other certified trainers.

CSCL is

100%

Non-Profit

12

Services

45

Program Options

ONLINE PRESENCE:



704 Likes



478 Followers



1193 Pageloads per week



STAR Award



Stephanie will be presented her STAR Award by outgoing McNaught Manager, Danielle Cross and her successor, Nicole Sydor.

Congratulations to Stephanie Garcia of McNaught who received the latest CSCL STAR Award for excellence in a support worker role.

Stephanie will be presented with a STAR Certificate, a Letter of Recognition and a \$100 cheque. Other nominees included Sharon Goldthorp, Arlene Hebig, Sung Hee Lee and Laurie McNaught.

Stephanie's nominator wrote this about her:

"Steph has been a very reliable and dedicated worker - to the team, the individual we support and the individual's family - for the past one and half years. Her positive attitude and ability to leave work, at work, and find a way to have a sense of humour about it all, is appreciated and inspiring!"



Johnnie had many loves in his life. He especially loved when his family would help him celebrate his Birthday.

Johnnie Peters

Johnnie Peters recently passed away. One of the people that supported him and knew him best, Deannie Grist, wrote this about him.

"Johnnie was born on July 26, 1943 into a large family on Seabird Island. Many of his brothers and sisters still reside there and always make him feel welcome when he visited. As a young boy he went to live at Woodlands and settled there at Alder Lodge until 1989 until he came to Chilliwack and lived at Salish House for many years. Johnnie eventually came to live at Chadsey where he remained until his passing. Johnnie became famous for that wave, people came to know Johnnie as "That Guy With The Big Smile". Johnnie loved to shake hands with everyone he met. He would put on the biggest smile that would melt your heart as he gripped your hand. And boy could he grip. Johnnie lived a good and happy life. Johnnie, we will miss you, never forget you, and may you rest in peace."

Coming Events...



NAOSH Week & COR Audit Week

May 2-6, 2016 & May 16-20

CSCL will be organizing various Health and Safety activities during NAOSH Week. CSCL will also be undergoing its' 5th Annual COR/WorkSafeBC audit in May as well.



Pancake Breakfast

Monday, June 6, 2016 at REV/Oasis

CSCL's CIS Programs and the Cheam Lions will be hosting the annual Pancake Breakfast from 10:30-11:30am in the parking lot at 7390 Sunshine Drive.



Annual General Meeting

Tuesday, June 7, 2016

CSCL will be hosting its 62nd Annual General Meeting. More information including the location and time to be announced.



Big Green Challenge

Spring & Summer Months

The BIG Green Challenge is back! CSCL's Green Committee will be announcing the latest edition of the BGC on Earth Day - April 22, 2016



Community Living Event

Saturday, October 1, 2016

CSCL will be hosting its' annual Community Living Event at Tzeachten Hall. Watch this space for more details in future editions of Out & About.



iConnect Conference

Monday & Tuesday, October 24 & 25, 2016

CSCL will be conducting its' annual staff conference over a two day event. More information and details to be announced at a later date.



CSCL's Winter Gala

Saturday, November 26, 2016

CSCL will be hosting a celebration for all CSCL employees to attend at the Harrison Hot Springs Resort Hotel. Tickets will be limited so get yours fast when they become available.

Julie Unger

“CSCL’s New Executive Director”

Julie Unger is CSCL’s second Executive Director after long-time Brenda Gillette recently retired.

“I am simultaneously humbled and thrilled to be leading this great organization. Since 1996 I have been a part of CSCL’s Leadership team and prior to that as a Manager and Support Worker (starting way back in 1984). The confidence I have in filling the role of Executive Director comes from understanding the support system CSCL has in place: the strength of our Board of Directors and their commitment to CSCL; the combined tenure of our Leadership Team (over 120 years) and their collective expertise; our staff, 300 strong and committed to the individuals they support. All of this positions us well to navigate this transition in leadership,



Julie Unger

and to continue to grow, innovate and improve. I feel honoured and privileged to lead this amazing group of people who share the vision for an inclusive Chilliwack! Moving forward, it is my intent that the individuals we

support, their families and support networks all continue to experience the same responsive services that CSCL has become known for. I am currently working on obtaining my Master of Arts degree in Leadership (target completion is May 2017). This academic journey on a parallel path with my new role as Executive Director, while an uphill slog at times, is providing incredible real-life learning and application. Finding balance between work, school, and home life can prove challenging at times, and I am thankful for my husband Rob and our three children (Mackenzie, Nate and Emily), who are supportive of me, and the work of CSCL in our community (I think they would call themselves “CSCL-ers” too!). I am excited for the future of CSCL as we develop our vision for 2020 and beyond.”

Chilliwack Society For Community Living

Supporting adults with developmental disabilities, children and youth with special needs and their families since 1954.

9535 Mary Street
Chilliwack, BC
Phone 604-792-7726

Email info@cscl.org
Web www.cscl.org and
www.csclworks.org

“Our Vision is for a community that welcomes and includes everyone.”



Follow us on Social Media:



Your Voice!

Many thanks to Julie Unger, Dr. Al Condeluci, Ellen Peters, Kami Edwards, Shawn Palmer, Aileen Atkins, Elan Nootebos, Deannie Grist, Laura Caminiti, Michelle Heyes, Gayle Prowett and Brenda Gillette for their contributions to this edition.

Do you have something to say? Let’s hear from you!

Please contact Jeff Gilbank at jeff.gilbank@cscl.org for your comments, editorials, and/or newsletter ideas.